

# NEWSMAKERS

In The Big Things of Life ~ We Are At One



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*Newsletter Editor JoBeth Wampler*

## Women's History Marches On

Women's History Month had its origins as a national celebration in 1981 when Congress passed Pub. L. 97-28 which authorized and requested the President to proclaim the week beginning March 7, 1982 as "Women's History Week." Throughout the next five years, Congress continued to pass joint resolutions designating a week in March as "Women's History Week." In 1987 after being petitioned by the National Women's History Project, Congress passed Pub. L. 100-9 which designated the month of March 1987 as "Women's History Month." Between 1988 and 1994, Congress passed additional resolutions requesting and authorizing the President to proclaim March of each year as Women's History Month. Since 1995, Presidents Clinton, Bush and Obama have issued a series of annual proclamations designating the month of March as "Women's History Month."



## Club Calendar

March 1 - SWD Special Awards Deadline

March 6 - Grundy Woman's Club Meeting (Grundy Baptist Church)

March 15 - GFWC VA LEADS Applications Due

March 20 - Reservations Deadline for GFWC VA Spring Convention

April 15 - SWD Spring Meeting (Davis Banquet Hall, Pearisburg, VA)

April 21-23 - GFWC VA Spring Convention (Roanoke, VA)

## Dues Reminder

The fiscal year of the Grundy Woman's Club runs from May 1, 2017 through April 30, 2018. Membership is not due at the end of the fiscal year - it's needed at the first of May!

Keep in mind, our club must pay dues for each of our members to the Southwestern District and GFWC Virginia by January 25th annually.

Therefore, if you paid dues last December, remember: They will be due again, starting in May.

## President's Message

Hello, Ladies! I hope that you have been enjoying the spring like weather we have been having the past few days/weeks. I certainly have, except for the allergy symptoms it has brought along with it. To me spring has always been a time of fresh new beginning. The flowers and trees that will be blooming and the birds that will be back soon, you get the idea. It is also a time of change. As you may have seen on Facebook, the Executive Board has decided to change the start time of the meeting to 5:30 beginning in March (this month). All this means is that we will be eating first and then starting the meeting at 6:00. If you can't be there until 6:00 then come at 6:00 and you will still have the opportunity to eat, if you want. I know that change is hard, at least for some people. I am always a little resistant to change because I like familiarity and I'm pretty structured in my routine. I would ask that each of you give this a chance, we are going to do a trial run with it from now through our May meeting. PLEASE give me your honest opinions and thoughts on this - yes, I really want to know how you feel about it. We will have a time at the meeting for discussion but please call me, text me or email me, if you are not going to be there to talk about it and want to voice your opinion. Hope to see you Monday!

*Glenna*

## Autism Awareness Activities Underway

It's March and you know what that means? We're making plans for Autism Awareness Month. The annual 5K is tentatively scheduled for April 29. Even if you aren't a runner, keep in mind, this event isn't about who wins or loses. Heck, we don't even care if you finish! The point is raising money and awareness for autism.

In coordination with the Buchanan County YMCA, which is working behind the scenes right now to secure swim teachers for this summer, our goal for this year's Autism Awareness 5K Walk/Run is to sponsor swim classes for autistic children in our community. Children with autism are often extremely stimulated by rushing water - anything from fountains to babbling brooks. However, because many do not sense the danger, they are at risk of drowning. That's why we want no parent in Buchanan County to fear the Levisa River or any body of water!

We're also bringing back Light It Up Blue and asking the Board of Supervisors to LIUB in April. If you would like your business to be an official LIUB bulb location, please see JoBeth Wampler. Look for posts on our Facebook page and be sure to 'Like' and 'Share' to spread the message and help make this year the most impactful yet.

# Women's History Month Quiz

*Created by Margaret Zierdt, National Women's History Project Board member (<http://www.nwhp.org/>)*

*Can You Identify These  
Women of Great Vision  
and Achievement  
Whose History Is Our  
Strength?*

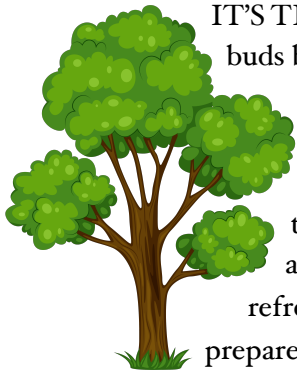
1. Who became the first female Secretary of State of the United States, appointed by President Clinton in 1997?
2. Who was the first woman of color elected to the U.S. Congress and was a founding member of the National Women's Political Caucus?
3. Who was the ecologist writer whose path breaking book, "Silent Spring" in 1962 initiated the environmental movement?
4. Who became the first woman vice-president candidate on a major political party ticket when selected in 1984?
5. Who was the United States delegate to the United Nations who championed and won approval of the Universal Declaration of Human Rights in 1948?
6. Who wrote "The Feminine Mystique" in 1968 and became a leading figure in the Women's Movement?
7. Who wrote the path-breaking book, "On Death and Dying" in 1969 which educated and supported helpers who provide compassionate care?
8. Who was the U.S. president's wife who saved historic paintings when the British army burned the White House in 1814?
9. Who is the longest-serving female U.S. senator, elected in 1986?
10. Who was the astronomer who discovered a comet, named for her, on October 1, 1847, and who was the first woman elected to the American Association for the Advancement of Science (1850), and the first professor of astronomy at Vassar College?
11. Who sculpted the full scale marble statue of Lincoln which is in the Capitol Rotunda, becoming the first female and youngest artist to receive a commission from the government for a statue?
12. Who was the friend of Abigail Adams who fostered political agitation with her satirical plays and then a three-volume history of the American revolution in 1805?
13. Who was the first Native American to receive the Presidential Medal of Freedom in 1963 for her work in decreasing infant mortality and decreasing tuberculosis?
14. Who introduced America to French cooking in her books and television series from 1963 through the 1990's?
15. What woman has won a total of 56 Grand Slam tennis competitions events and 9 Wimbledon women's singles titles?

*See Answers, Page 8*

# Chairman Reports

## Conservation - Anna Ruth Coleman

Essential advice for the gardener: *Grow peas of mind, lettuce be thankful, squash selfishness, turnip to help thy neighbor, and always make thyme for loved ones.* - Author Unknown



IT'S TIME FOR SPRING! A new beginning. Fresh buds bloom, trees turn green, animals awaken and the earth seems to come to life again. Daylight saving time begins March 12th, and the first day of spring is March 20th. Those who garden need to be preparing some soil and pots for vegetables and flowers. Springtime is such a wonderful and refreshing time to bask in the glorious sunshine and prepare our backs for some working in the soil. Being the outdoor type, I will resist the reminder to start spring cleaning, as that can be done in the winter months or when it is raining. Get outdoors and enjoy some time in the sun.

As mentioned last month, we will observe World Water Day on March 22nd.

Thinking ahead, hopefully, we can plan some way(s) to observe Earth Day on April 22, 2017, and Arbor Day on April 28, 2017. One of the most common ways to observe Earth Day and Arbor Day is to plant new trees. This is certainly a good way to replenish the many trees removed or lost. It also serves as a reminder to those who forget how precious our planet is and that we need to take care of it for the good of our environment and for future generations. According to Wikipedia, the Arbor Day Foundation is the largest membership organization dedicated to tree planting. Their stated corporate mission is "to inspire people to plant, nurture, and celebrate trees." The Foundation states that trees clean air and water, slow climate change, ease poverty and hunger, prevent species loss, and feed the human soul. All we need to do is plant and care for them. Let's work together as a club to be an inspiration to others of the importance of the preservation of our natural resources.

Another little tidbit of advice? *Gardening is cheaper than therapy and you get tomatoes.* - Author Unknown

## Buchanan County Calendar of Events

March 6 - Buchanan County Board of Supervisors Meeting (Courthouse)

March 7 - Buchanan County Tourism Meeting

March 7 - Cancer Survivor Workshop (Grundy Baptist)

March 11 - SWVA HWTF Hunting Heritage Banquet (Noah Horn)

March 12 - Daylight Savings Time begins

March 17 - St. Patrick's Day

March 23 - Buchanan County Chamber of Commerce Board Meeting (Chamber Office)

March 25 - ACT 10K & 5K Run (Elkhorn City)

March 31 - Relay Rally (ACP)

April 1 - Buchanan County Singing Star Auditions (Poplar Gap Park)

April 8 - Lewis & Clark Circus (Poplar Gap Park)

April 16 - Easter Sunday

April 9 - Aladdin (SWCC)

April 20 - Pikeville Hillbilly Days Festival



## Leadership Tips

*"If your actions inspire others to dream more, learn more, do more and become more, you are a leader."*

*- John Quincy Adams*



Think about all of the characteristics you associate with that word. Leaders are honest, confident, committed, positive thinking, intuitive, creative, able to delegate...

For John Quincy Adams, it was far more simple: A leader inspires. And at the root of inspiration is action.

You cannot inspire if you never act. And action doesn't have to mean huge amounts of time, money or effort. Sometimes, it's as simple as a few words, spoken in sincerity.

## Home Life – Sandy Stiltner

Just an update on February, we delivered some 400 valentines to Heritage Hall and we passed out bunches and bunches of candy. The residents were thrilled, we read the valentines to them and gave them other items like candy, stuffed animals, colored pencils and coloring books. We even took their plates to them at their party. Bertha and I had a good time with the residents.

Now, it is time to think about Easter and their party. We can collect large plastic eggs and put candy in them and/or give them coloring books and stuffed animals. I will let the club decide that. We also need to think about the Domestic Violence Shelter. It would be wonderful if we could give them Easter baskets. I will check with the shelter's manager and let you know at the meeting. Keep up the good work!

## International Outreach – Debbie Deel

Hello, everyone! Welcome March 2017! Wow, it's hard to believe that we're entering the third month of this year.

This newsletter, I want to touch on another one of our International Partnerships – Operation Smile. Founded in 1982 by Dr. Bill Magee and his wife Kathy, Operation Smile is devoted to bringing exceptional surgical care to children suffering from facial deformities such as cleft lip and cleft palate. Statistics indicate that billions of people lack access to any surgical care; billions more lack access to safe and well-timed surgery; and only 6.3% of an estimated 312.9 million surgical procedures performed each year go to the poorest third of the global population.

Our donations help turn an empty room into a fully-equipped, supplied and staffed operating room – ready to offer a new smile for waiting children.

Operation  Smile



WE ARE COVERING  
THE WORLD WITH **SMILES**

## Education – Mary Belcher

During the Southwestern District Annual Spring Meeting, clubwomen will be asked to bring items for the Hugh O'Brian Youth Leadership Seminar. While you might not plan to attend, you can still support this project by bringing in school supplies for donation. There are only two club meetings left before the Spring Meeting – this month and the next, so don't hesitate!

## Leadership – JoBeth Wampler

Every year in December, as we begin anticipating that much loathed January reporting meeting, we talk about how things will be different next year. We'll do better at keeping track through the year... We'll start keeping hours along the way... Expenses written in our day planners... So, here in March, I'll ask you – How are you doing? Are you keeping up? If you've let things slide for a few weeks, take time now to catch up. Don't let January creep up and have you dreaming about that elusive 'next year' again.



In 1987, President Ronald Reagan proclaimed March as 'Developmental Disabilities Awareness Month,' calling upon Americans to provide the encouragement and opportunities necessary for people with developmental disabilities to reach their potential.

Take time now to consider how the U.S. is working to make even greater strides toward this goal and how you can help.

### March Meeting Reminders:

- Wear your favorite hat and/or vintage clothing.
- Bring school supplies for HOBY Leadership Seminar.
- Bring dollar donations for the Skittles guessing game fundraiser at the GFWC VA Spring Convention.

## Birthdays

March 2 - Rose Hurley  
 March 6 - Beth Stanley  
 March 7 - Cammy Reece  
 March 9 - Melinda Crigger  
 March 29 - Donita Estep  
 March 30 - Kim Anderson-Long  
 April 23 - Shonna Powers  
 April 24 - Pam Wolford

## Anniversaries

April 13 - Brandee Brown (David)  
 April 25 - Donita Estep (Shotty)



**GFWC Grundy Woman's Club**

February 6, 2017 – Minutes

The regular monthly meeting of the GFWC Grundy Woman's Club was held February 6, 2017 in the Grundy Baptist Church fellowship hall, President Glenna Owens presiding. President Owens welcomed 18 to the meeting, including three new members: Deidra Ward and Heather Ward sponsored by Leigh Ann Hackney; and Kim Long, sponsored by Sandy Stiltner.

Debbie Deel led the Pledge of Allegiance to the Flag of the United States of America. Barbara Fleenor brought the thought for the day "Laughter – A Cheerful Heart" using Psalm 17:26 followed by the prayer of grace.

Minutes of January 2017 meeting were approved. Treasurer's Report showed a balance of \$3829.53, report placed on file. Report attached.

**Reports of Committees & Projects:**

- JoBeth Wampler, 1st VP report included 2016 figures following final reports. 24 Areas 93 projects & programs; 3437.5 hours; \$6548; \$11,170 In-kind. Fund Raising, 6 projects, 747 hours, \$7526.25, \$4640 In-kind.
- Anna Ruth Coleman reported on Conservation projects. Betty Shields reported on the "Water Wizard" Program for 5th graders in Tazewell County and the Master Gardner involvement.
- Ginger Robertson presented a Black History Month Program.
- Ruth Horn presented an informative program on heart health, with seven ways to help have a healthy heart.
- Total proceeds from the Chamber of Commerce Silent Auction \$2468.50, club portion ½ for \$1234.25.

**New Business and Announcements**

- District meeting will be April 15 in Pearisburg, official visit of GFWC Virginia State President Fran Edwards.
- GFWC Virginia State Convention April 21-23, 2017.
- Explanation of Skittles for state project at convention.
- Donation to Boys and Girls Club discussed, tabled to next meeting.
- Tammy Ratliff will be the new Public Issues Chairperson.
- Purged membership list shows 65 members. Dues were paid on 65.
- Friends of Library membership meeting February 14, western wear.
- Collections of candy and cards made for Valentine's Day Party at Heritage Hall. Sandy Stiltner in charge.
- CFX meeting at Riverview 2-6-17. Members urged to attend.

The next regular meeting will be March 6, 2017, Grundy Baptist Church fellowship hall, 6 PM.

Tania Stephens led the Club Collect.

**Meeting adjourned.**

Following adjournment, group picture taken.

Betty Shields, Secretary

*Answer Key to Women's History  
Month Quiz:*

1. Madeleine Albright (b. 1937)
2. Patsy Mink (1927-2002)
3. Rachel Carson (1907 – 1964)
4. Geraldine Ferraro (b. 1935)
5. Eleanor Roosevelt (1984- 1962)
6. Betty Friedan (1921 – 2006)
7. Elisabeth Kubler-Ross (1926 – 2004)
8. Dolley Madison (1768 – 1849)
9. Barbara Mikulski (D-MD) (b. 1936)
10. Maria Mitchell (1818 – 1889)
11. Vinnie Ream (1847 – 1914)
12. Mercy Otis Warren (1728 – 1814)
13. Anne Dodge Wauneha (1910 – 1997)
14. Julia Child (1912 – 2004)
15. Martina Navratilova (b. 1956)

*Want to include something in **News**makers, the GFWC  
Grundy Woman's Club monthly newsletter? Contact  
JoBeth Wampler at [jobeth.wampler@gmail.com](mailto:jobeth.wampler@gmail.com) or call  
276-935-2123 (W) or 540-250-6294 (M).*