

NEWSMAKERS

March 2018 - Vol. 4, No. 2



Clubwoman of the Year

Tammy Ratliff Receives Recognition & Thanks

After being voted Clubwoman of the Year last December, Tammy Ratliff received recognition during our meeting in February. Tammy attended her first club meeting back in February 2016, as the guest of Mary Belcher. However, it wasn't until August that she became an official member.

What first attracted her to the club was the outreach and fellowship. "It's such a great group of women – having fun and doing good things for the community," she said when interviewed for *News-makers*.

She agreed to juggle the demands of her career at Baxter Healthcare with a massive undertaking last year, taking the lead on the Club's biggest annual fundraiser – Holidays in the Hills. With her leadership, the event was a huge success.



Clubwoman of the Year Tammy Ratliff is pictured above center with her father Charles at Holidays in the Hills and above right with Club President Glenna Owens.

Inside This Edition

Page 3 - Officer/Chairman Reports, Flower Power

Page 4 - Club Members' Birthdays & Anniversaries, Go Red for Heart Health

Page 5 - Local Calendar, Advocating for Children

Page 6 - Women's History

Page 7 - February Minutes

Newsmakers

Newsletter Editor - JoBeth Wampler (540-904-0314 / jobeth.wampler@gmail.com)

Clubwomen are encouraged to send in articles, pictures and suggestions. Deadlines are the 20th of each month; however, late submissions will be considered for publication.

Club Calendar

March 1 - Special Awards Deadline

March 5 - Club Meeting

March 15 - Deadline for State Chairmen Reports to GFWC

April 7 - Southwestern District Meeting (First United Methodist, Richlands)

April 14 - Special Needs Health Fair & Expo (ACP)

April 21 - Autism 5K (Bull Creek Trail)

April 24 - Federation Day

May 4-6 - GFWC VA Convention (Portsmouth)

President's Message

These past few days of warm temperatures and sunshine have given me hope that spring really is around the corner. I hope that everyone has rested up during the winter months and is ready to get to work on our many upcoming projects. We will be talking about these at the meeting.

March is Women's History month. I would encourage each of you to take a moment and stop and think about the many contributions that women have made to society and history. I would like to say thank you to each of you for the work you do in our community to make a difference.

I hope to see each of you at the meeting on Monday, March 5th at 6:00.



Glenna

First Vice Pres./Leadership

JoBeth Wampler

With reporting season behind us, it's important for club chairmen to remember their job isn't over yet. As projects carry on, they must continue to reach out to members to collect volunteer hours and amounts spent on in-kind donations.

A perfect example of this was given during our last meeting, when Home Life Chairman Sandy Stiltner asked various members how much they'd spent on valentines for the local nursing home. Though she's finished compiling her last report of the term, she is still diligently collecting information. And when the time comes, that's information she'll be able to pass on to the clubwoman who takes her place. Note two things: First, she's working to prepare her successor. Second, she's still leading community service projects.

Remember that as chairmen you can either leave your post on a good note or a bad one. Did the previous chairman pass anything on to you? No? Well, end the cycle today! Make sure that you do to the next chairman as you would have liked done to you – provide her with the tools necessary to do her job to the fullest. And go out on a high note!

Special Reminders for Our March Meeting:

- In honor of the club's history, ladies are encouraged to wear a hat, clothing, jewelry, or any other heirloom item.
- Bring macaroni and cheese or a monetary donation for the GFWC Virginia Special Project. Also bring bird seed for donation to Heritage Hall, as well as other regular items (pop caps, pop tabs, boxtops, etc.)
- Be prepared to vote on a slate of officers for the 2018-2020 term, in addition to signing up for the College Shower.

Conservation

Anna Ruth Coleman

In the past, Grundy Woman's Club has donated bird feeders, bird seed and suet to Heritage Hall Nursing Home. We have been told by the staff how much the residents enjoy watching the birds from their personal room windows. We did not do this last year, so I would like to encourage each of you to bring any of the items listed above for us to deliver to the home for the birds and for the residents pleasure.

Please bring these items to our club meeting or, if you prefer to make a donation to purchase these items, you may give to me or Pam Wolford. We will then make the purchases and deliver to the nursing home. Thank you all for your generosity and helping with this Conservation project.

Women's History & Resource Center

Ginger Robertson

As we celebrate the month of March as Women's History Month, it is also the 70th celebration of our club becoming a member of GFWC. We applied for membership in VFWC on 10/17/1947 and our application was approved in February 1948. By being approved by the Virginia Federation of Women's Clubs, we became a member of the General Federation of Women's Clubs.

In honor of our history, please **wear/or bring, a hat, clothing, jewelry, or any heirloom item** to the meeting Monday night.

Education

Mary Belcher

The College Shower will be held during our club meeting on May 7 at 6 p.m. at Grundy Baptist Church. Sign-up sheets for items will be available during our club meeting on Monday, March 5. Email me at bcchamber@bvu.net if you want me to sign you up for an item or if you want to know what the new college students might need.



Club To Discuss Fundraiser

During the March meeting of our Grundy Woman's Club, we'll be discussing a potential fundraiser. For those who subscribe to *News & Notes*, you've already read about Flower Power. But here are a few facts.

Clubs earn 50% profit and bulbs get delivered directly to our supporters. They are 100% guaranteed, with no minimum order and no upfront cost required. We can order free sales supplies to start a physical selling campaign, or we can build an online campaign that within minutes! Plus, an extra 5% from every sale goes directly to GFWC to support national projects. How much easier can it be?

And the benefit is that everyone can sell the way they want to. So if you're a catalog/order form kind of gal, we can order the supplies you need to help you get started. If you'd rather 'share' our online campaign on your social media page instead, we can do that, too. Come to our March meeting, email (jobeth.wampler@gmail.com) or call (540-904-0314) me today to let me know your preference.

Club Members Birthdays

Mar. 7 - Cammy Reece

Mar. 9 - Melinda Crigger

Mar. 18 - Jill Yates

Mar. 29 - Donita Estep

Mar. 30 - Kim Long

Apr. 19 - Catherine Rasnake

Apr. 23 - Shonna Powers

Apr. 24 - Pam Wolford

Anniversaries

Mar. 8 - Donna Looney
(Dewey)

Apr. 25 - Donita Estep
(Shotty)

Want Included?

If you're a member of the Grundy Woman's Club and you want included on our Members' Birthdays & Anniversaries list, please contact JoBeth Wampler (jobeth.wampler@gmail.com).

Not a Member?

Meetings of the Grundy Woman's Club are held on the first Monday of each month at 6 p.m. at Grundy Baptist Church. For more information, go online (www.GFWCGrundyWomensClub.com), visit any of our social media pages, or ask a clubwoman today. Dues are \$30 a year and automatically entitle you to all the benefits of GFWC.



Having Fun & Going Red

Members of the club donned red last month in honor of Heart Health Month, but even a serious topic like heart disease can't keep this club from having fun!

Clubwomen Donna Looney and Barbara Fleenor, at right, sported lighting necklaces, fuzzy headbands and heart-shaped glasses.

Some 15 members were in attendance, enjoying comments and a pop quiz from Home Life Chairman Sandy Stiltner and heart attack survivor Ruth Horn. Together, the duo shared symptoms of a heart attack and a few indicators that increase your heart disease risk. The latter might include those who have high blood pressure or high cholesterol, are over 60 years old, are diabetic, have a family history, smoke, drink more than one alcoholic drink per day, eat a diet high in fat, have a stressful job, do not exercise regularly, etc. Regular checkups with your health care provider can help you identify these risks.



Advocating for Children: Upcoming Projects

Over the past month, JoBeth Wampler has been working on various projects to benefit some very special children. She will soon reach out to the Buchanan County Board of Supervisors in regards to recognition of Autism Awareness Month and Child Abuse Awareness & Prevention Month, which are both observed in April. During the March meeting, she'll update members on these projects. For those who cannot attend, they include:

Buchanan County Autism Awareness 5K Walk/Run

Currently, we need the following donations: water, granola bars and/or bananas. JoBeth will order additional medals needed, consult Kiwanian Jon Rife in regards to the borrowing of their time recorder, and will collaborate with Kayla Cantrell of Buchanan County Robotics on volunteers, runner numbers, shirts, and tents. The event will be held Saturday, April 21 at Bull Creek Trail.

Au-some Summer Swim Program

Contact with the Buchanan County Public School System has been made to find out how many children with autism are currently enrolled. We will attempt to find out if any obstacles prevent parents from allowing their children to participate, such as transportation needs, and may award gas cards to those in financial need.

Local Calendar

March 10 - Miss Buchanan County Pageant (GHS)

March 10 - SWVA NWTF Banquet (NHWD Office)

March 11 - Symphony of the Mountains Brass Quintet (MMS)

March 17 - ATV Easter Egg Hunt (Coal Canyon/Ridgeview Trails)

April 6-8 - TGBC's Beauty & the Beast (GHS Auditorium)

April 18 - Career Fair & Opportunity Showcase (SWCC)

May 18-20 - Blessing of the Bikes

June 13 - Mountains of Music Festival (Breaks Park)

June 16 - Annual Garden Day

June 23 - Chamber Casino Night fundraiser (ACP)

Special Needs Health Fair & Expo

The following service providers have committed to this event, held Saturday, April 14 at the Appalachian College of Pharmacy: Melanie Gooch, CPA; Waiting to Hear's mobile hearing unit; speech therapist Rachel Davis; Virginia Eyecare; the Buchanan County Sheriff's Office; the YMCA of Buchanan County; and hair stylists Peggy Lowe and Loretta Tester. Those contacted include: VT's Mobile Autism Clinic, T/TAC, Cumberland Mountain Community Services, Clinch Independent Living Services, VCU's Pediatric Dentistry Department, Mountain Therapy Services, Associated Hearing, Camp Easter Seals, Buchanan General Hospital, and the Grundy Autism Support Group, as well as various elected officials. This event is to serve not only as a resource for parents regarding their child's healthcare, but also regarding other needs. A quiet room will be reserved for kids who need a dark, peaceful place during the event. This is where JoBeth would like volunteers to serve in making and/or teaching parents how to make their own 'calm down' bottles. These can be made with old plastic bottles and beads, glitter, buttons or whatever we have on hand. Kids who visit the room can take their own 'calm down' bottles home with them. It's a great way to combine a Special Advocates program with one for Conservation. Please let JoBeth know if you would like to volunteer to assist in this room. Or if you have any other suggestions, feel free to call or email her anytime.



Annual WHRC Women's History Month Event Slated

The Women's History Month Event will be held on March 8 from 2-4 p.m. at GFWC Headquarters. The event will include a presentation, followed by a question-and-answer session, and a brief reception. Our speaker this year is Dr. Marjorie Spruill, a Distinguished Professor Emerita at the University of South Carolina. She specializes in women's and gender history and the history of the American South. Dr. Spruill will be discussing her most recent book, *Divided We Stand: The Battle Over Women's Rights and Family Values That Polarized American Politics*. *Divided We Stand* focuses on the women's movements of the 1970s, particularly the federally sponsored International Women's Year (IWY) conferences of 1977, in which GFWC participated.

Club Memories

Just over 50 years ago, the Grundy Junior Woman's Club was playing a role in the creation of a community theater. The Buchanan County Community Theater Project was spearheaded by club president Mrs. James Looney and Grundy Senior High School speech and drama director Dorsey Smith. Temporary officers were elected in June 1967, including Looney, who served as president. She was joined by Joe Cole, vice president, and Mrs. Harry McElroy, secretary-treasurer.

2018 Women's History Month

by Ginger Robertson

This year's theme, *Nevertheless She Persisted*, will be used throughout the year to honor and celebrate women's tenacity and their tireless commitment to ending the many intersecting forms of discrimination against women and girls. This theme presents the opportunity to honor women who have shaped America's history and its future through their tireless commitment to ending discrimination against women and girls. We also celebrate women fighting not only against sexism, but also against the many intersecting forms of discrimination based on race and ethnicity, class, disability, sexual orientation, veteran status, and many other categories.

Our goal in 2018 is to encourage the recognition of women in communities, schools, agencies and organizations throughout the year.

Check out these notable women:



Elizabeth Blackwell (1821-1910) Born in Britain, Blackwell was the first woman to receive a medical degree in America

and the first woman to be on the UK medical register. Blackwell helped to break down social barriers, enabling women to be accepted as doctors.



Helena Rubinstein (1870-1965) American businesswoman. Rubinstein formed one of the world's

first cosmetic companies. Her business enterprise proved immensely successful and, later in life, she used her enormous wealth to support charitable enterprises in the field of education, art and health.



Malala Yousafzai (1997-) Pakistani schoolgirl who defied threats of the Taliban to campaign for the right to education. She survived being shot in the head by the

Taliban and has become a global advocate for women's rights, especially the right to education.



Margaret Fuller (1810-1850) An American women's rights advocate. Her book *Women in the Nineteenth*

Century (1845) was influential in changing perceptions about men and women, and was one of the most important early feminist works. She argued for equality and women being more self-dependent and less dependent on men.



Billie Jean King (1943-) American tennis player. Billie Jean King was one of the greatest female tennis

champions, who also battled for equal pay for women. She won 67 professional titles including 20 titles at Wimbledon.

Citation: [Pettinger, Tejvan](#). "Women who changed the world", Oxford, www.biographyonline.net, 18th April 2014.

GFWC Grundy Woman's Club

February 5, 2018 – Minutes

The regular meeting of the GFWC Grundy Woman's Club was called to order February 5, 2018, 6:05 pm by President Glenna Owens at the Grundy Baptist Church. Owens welcomed the 14 members in attendance.

Sandy Stiltner led the Pledge of Allegiance to the Flag. Chaplain Barbara Fleenor presented the Thought for the Day on "Encouragement" and led the prayer of Grace before dinner.

Minutes of January 2018 meeting were approved on motion from Sandy Stiltner.

Treasurer's report showed a balance 1-31-18 of \$7,587.06 and without objection was placed on file. (Copy attached).

REPORTS OF COMMITTEES AND PROJECTS

1. President Owens gave the Leadership report noting the following statistics for the 2017 club year: 117 projects; 4,658.5 volunteer hours; \$8,040.78 raised; \$3,281.00 donations; \$16,225.63 In-kind donations.
2. President Owens presented the "Clubwoman of the Year – 2017" award tray to Tammy Ratliff.
3. President Owens announced that Cinderella's Closet would be held February 24 from 9 am-5 pm at Grundy Baptist Church, and requested volunteers to help.
4. Ginger Robertson presented a program for Black History Month.
5. Sandy Stiltner and Ruth Horn presented a program and quiz for February Heart Health Month.

NEW BUSINESS

1. A new membership list was given to members.
2. A Nominating Committee was elected and approved on motion by Judy Holland. Chairman Sandy Stiltner, Tammy Ratliff and Bertha Street. This committee will present a slate of officers for the 2018—2020 club administration to be voted on at March 2018 meeting.

ANNOUNCEMENTS

1. BCPL events scheduled are: Wed. 2-7 N & W History; Tues. 2-12 New Member meeting; Thurs. 2-22 Asher McGlothlin event.
2. Southwestern District meeting will be April 7, hosted by Richlands Woman's Club.

Next meeting March 5, 2018 at Grundy Baptist Church, 6 pm.

Club Collect led Mary Belcher.

Adjournment. Motion by Judy Holland.

Photo op following adjournment

Betty Shields, Secretary